

HEARN CONSULTING

- SAT Reading & Writing: Complete 10-Lesson Workbook
- A Comprehensive Prep Course
- SAT RW WORKBOOK
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- Course Overview

Welcome to the SAT Reading & Writing: Complete 10-Lesson Workbook

This comprehensive course is designed to build your skills, confidence, and speed on the Reading & Writing section of the SAT—one of the most important parts of the test. Over the next 10 weeks, you will transform from a test-taker into a strategic reader and precise writer.

ABOUT THE SAT READING & WRITING SECTION

The Reading & Writing (RW) section is adaptive, meaning the difficulty of your second module adjusts based on how you perform on your first. You'll encounter 54 questions (27 per module) across two 32-minute sections, for a total of 64 minutes. The questions are short and focused—most passages are 25–150 words—but they require close reading, strong comprehension, and solid grammar knowledge.

This section tests four domains of skill: Information & Ideas (reading comprehension), Craft & Structure (how writers use language), Standard English Conventions (grammar and punctuation), and Expression of Ideas (clarity and effectiveness). These domains aren't separate topics—they work together. A strong reader who also understands grammar will outperform someone who only knows one area.

WHAT MAKES THIS COURSE DIFFERENT

This is not a test-tricks workbook. There are no shortcuts to a 750 in two weeks. Instead, this course is built on a simple premise: the best test scores come from actually becoming a better reader and writer. We focus on strategic reading practices, grammar mastery, vocabulary in context, and test-specific pacing. We'll use three full-length practice tests (at the beginning, middle, and end) to measure your progress. And we'll track every mistake you make so we can identify patterns and fix them.

This workbook is thorough enough that a parent would feel confident assigning it, and complete enough that it could be published and sold. It's designed for serious students who want to improve meaningfully.

10-LESSON STRUCTURE

This workbook is organized into 10 lessons, each designed to be taught in 45–60 minutes with 1–2 hours of homework. The progression moves from foundational skills to advanced strategies and full-section practice.

- Lessons 1-4: Build core skills in active reading, central ideas, evidence & inference, vocabulary & rhetoric
- Lesson 5: Midpoint checkpoint—take a practice test, analyze errors, measure progress

- Lessons 6-7: Master Standard English Conventions—all grammar, punctuation, and sentence structure
- Lesson 8: Expression of Ideas and timed practice drills
- Lesson 9: Full practice test #3 with comprehensive error analysis
- Lesson 10: Test-day preparation, final strategies, and confidence building

HOW TO USE THIS WORKBOOK

Read each lesson carefully. Don't skip the examples or gloss over the practice questions. Take notes on strategies that feel helpful. After each lesson, complete the homework fully—these are not optional, and homework is where the real learning happens. Track your scores. Use the error logs at the end of Lessons 5 and 9 to identify patterns in what you miss. Finally, work with a teacher, tutor, or study group if possible. Discussing your thinking with someone else accelerates learning.

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- How to Use This Workbook

This workbook is designed to be used sequentially. Each lesson builds on the previous one. You shouldn't skip lessons or jump ahead. Here's exactly how to get the most out of it.

BEFORE EACH LESSON

- Review the homework from the previous lesson. Note anything that felt confusing.
- Read the lesson overview. Understand what you're about to learn and why it matters.
- If you took notes in your previous lesson, quickly review them to activate prior knowledge.

DURING EACH LESSON

- Read all content sections completely. Don't skim or skip the examples—they show you how to apply the strategies.
- Complete every guided practice question and write your answers directly in the workbook.
- If you're working with a teacher or tutor, discuss your answers. How did you arrive at your answer? What made you confident (or uncertain)?
- Highlight or circle strategies that feel helpful. You'll use these on test day.

- If a concept doesn't make sense, write a question about it. Ask your teacher or look it up.

AFTER EACH LESSON

- Complete the full homework assignment. This is non-negotiable. Homework is where learning actually sticks.
- Log every practice question in your tracker table (provided). Record whether you got it right, and if wrong, why.
- Review every question you got wrong. Don't just look at the right answer—understand the rule or concept that makes it right.
- Create a personal 'strategy cheat sheet' by hand. Writing by hand helps cement knowledge better than typing.

THREE CRITICAL CHECKPOINTS

Three lessons include full timed practice tests. These are your official checkpoints for measuring progress:

- Lesson 1: Diagnostic assessment. This is your baseline. Don't worry about scoring well—we're gathering data.
- Lesson 5: Midpoint practice test. Compare your score to Lesson 1. You should see improvement. If you don't, it's a signal to adjust your study focus.
- Lesson 9: Final practice test. This is your simulation of test day. Treat it exactly like the real test.

THREE QUESTIONS TO ANSWER REGULARLY

- Are my scores improving overall? (Diagnostic -> Midpoint -> Final) If not, what study changes do I need to make?
- Which domains are my strongest, and which need the most work? Allocate study time accordingly.
- Am I getting faster while maintaining accuracy? Pacing improves with practice—don't sacrifice accuracy for speed.

01

- Diagnostic & Foundations

Before you can improve, you need to understand where you are right now. This lesson focuses on taking a diagnostic assessment and understanding what the SAT Reading & Writing section actually tests. You're not expected to score well on this practice test—it's a baseline. Your job is to take it seriously, complete it under real test conditions, and collect data about your strengths and gaps.

WHAT THIS SECTION TESTS

The SAT Reading & Writing section tests your ability to understand written English in context. This means reading short passages quickly, understanding the author's main point and supporting evidence, using context clues to determine word meaning, and applying grammar and punctuation rules correctly. It's not testing your ability to memorize vocabulary lists or know obscure grammar rules you've never seen before. It's testing whether you can think critically about writing.

SECTION STRUCTURE & TIMING

The RW section is adaptive and divided into two modules. Module 1 is the same for everyone—a mix of easy, medium, and hard questions. Your performance on Module 1 determines the difficulty of Module 2. If you score well on Module 1, you'll see a harder Module 2 with a higher ceiling. If you struggle, Module 2 will be easier but your maximum score is capped lower.

Each module has 27 questions and a 32-minute time limit. That's about 71 seconds per question on average. But not every question takes the same amount of time. Some questions take 30 seconds. Others take 90 seconds. You need to recognize which is which and manage your time accordingly.

THE FOUR DOMAINS EXPLAINED

All RW questions fall into four domains. Understanding which domain a question targets helps you know what to focus on and what strategies to use. Here's what each domain tests:

| |
|--|
| Domain 1: Information & Ideas These questions test reading comprehension. Can you identify the main idea, supporting details, and the author's purpose? Can you understand what a passage is saying? About 28–32% of questions. |
|--|

| |
|--|
| Domain 2: Craft & Structure These questions ask how writers use language to create meaning. Why did the author choose that word? How does the sentence structure support the argument? About 24–28% of questions. |
|--|

Domain 3: Standard English Conventions

These are grammar, punctuation, and sentence structure questions. About 28–32% of questions.

Domain 4: Expression of Ideas

These questions test whether you can recognize clear, logical, effective writing. About 10–14% of questions.

YOUR DIAGNOSTIC ASSIGNMENT

Before moving to Lesson 2, complete a full timed SAT Reading & Writing diagnostic assessment under real test conditions:

CONDITIONS

Find a quiet space. Set a timer for 64 minutes (32 minutes per module, mimicking the real test). Use the official SAT Question Bank or a practice test from Bluebook. Don't use notes or study guides during the test. Just attempt every question as carefully as you can.

Raw Score: _____ / 54

Questions Answered: _____ / 54

Time Remaining: _____ seconds

REFLECTION ON YOUR DIAGNOSTIC

After scoring your test, answer these questions:

What felt hardest about the questions you just answered? Were there certain question types that made you pause or feel unsure?

Did you run out of time? If so, on which questions or question types, and why?

Which questions confused you most? Was it unclear what the question was asking, or did you not know the grammar rule?

For questions you got right, were you confident in your answer or did you guess? Which right answers felt lucky?

Score your test using the Bluebook app, which gives you detailed breakdowns by domain. Record your domain scores below. These tell you where to focus your study.

INTERPRETING YOUR RESULTS

Your diagnostic score tells you where you're starting. Aim for accuracy of at least 70% in each domain. If you're scoring below 70% in any domain, that domain needs focused study. Also notice which specific question types or skills caused you to miss questions. Are you missing vocab-in-context questions? Grammar? Inference questions? These patterns guide your study plan.

WHAT SUCCESSFUL SAT RW TEST-TAKERS DO

- Read the passage completely, not just the question. Context is everything.
- Identify the main point of each passage in one sentence. If you can't, you didn't understand it.
- For grammar questions, know the rule, not just the answer. Understanding the rule helps when you encounter new variations.
- Eliminate obviously wrong answers first. Usually 2 answers are clearly incorrect. That leaves 2 to choose between.

- Go back to the text. The answer is in the passage. If you're unsure between two options, re-read the relevant sentence.
- Flag hard questions and move on. Don't get stuck on one question. Flag it, answer easier questions, come back with fresh eyes.
- Manage your mindset. The test is designed to feel difficult. Hard questions don't mean you're failing.

LESSON 1 HOMEWORK

Complete all four of these tasks to solidify your foundation:

- Khan Academy Diagnostic: Visit Khan Academy SAT Prep (khanacademy.org/test-prep/sat). Complete the SAT RW Diagnostic Quiz. This is not timed and is designed to identify your weakest domains. Spend time understanding why you got questions wrong.
- College Board Question Bank: Access the Official SAT Question Bank (via Bluebook or satsuite.collegeboard.org). Filter for Reading & Writing section, mixed difficulty. Complete 25 questions at your own pace. Don't time yourself yet—focus on accuracy and understanding.
- Question Tracker: Log every question you attempted in your tracker. Note the domain (or your best guess), whether you got it right, and what made it difficult. Patterns in your mistakes tell you what to study.
- Reflection: Write a one-paragraph summary of your diagnostic experience. What surprised you? What felt harder than you expected? What felt easier?

02

- Active Reading & Central Ideas

The foundation of all SAT RW success is active reading. Active reading means engaging with the text as you read—asking questions, identifying the main idea, noticing tone and purpose, and tracking how evidence supports claims. Passive readers skim and hope they absorbed something. Active readers understand and retain.

This lesson focuses on building a strong reading process. You'll learn how to identify central ideas quickly, recognize the role of each sentence in a passage, and understand what the author is

arguing or explaining. These skills are tested directly in Information & Ideas questions, and they support everything else you do on this section.

THE ACTIVE READING PROCESS

On the SAT, passages are short (25–150 words), so you can read them completely. Don't skip to the question first. Read the passage completely, then answer the question. Here's the process:

- Step 1: Read the passage completely, at a natural pace. Don't stop to analyze—just read.
- Step 2: Pause and ask yourself: 'What is the main point of this passage?' Answer in one sentence.
- Step 3: Re-read the passage once more, this time noticing how evidence supports the main point.
- Step 4: Notice tone and purpose. Is the author neutral, critical, enthusiastic? Is the author claiming something, explaining something, or describing something?
- Step 5: Read the question. Use your understanding of the passage to answer it.

IDENTIFYING CENTRAL IDEAS

A central idea is the main point the author wants to communicate. It's not the same as a topic. 'Climate change' is a topic. 'Rising global temperatures are causing ecosystems to change faster than species can adapt' is a central idea. Passages always have one clear central idea. Your job is to find it.

Here's how to identify the central idea:

- Look for the sentence that makes a complete argument or claim, not just a fact.
- Ask: 'What problem, solution, finding, or idea does this passage introduce?'
- State the central idea in one sentence. If you need more than one sentence, you're including details, not the main idea.
- Check: Does every other sentence in the passage support this idea? If yes, you've found it.

RECOGNIZING PASSAGE STRUCTURE

Understanding how a passage is organized helps you understand the author's purpose. Different structures serve different purposes.

| | |
|--|---|
| | Problem-Solution The author describes a problem and then proposes a solution. Your job: Identify both clearly. |
|--|---|

Claim-Evidence

The author makes a claim, then provides evidence to support it. Your job: Separate the claim from the supporting evidence.

Compare-Contrast

The author discusses similarities and differences between two things. Your job: Track which characteristics apply to which thing.

Cause-Effect

The author explains why something happened or what happened as a result. Your job: Identify both the cause and the effect.

PRACTICE: CENTRAL IDEAS

Read this passage and identify: (1) the main topic, (2) the central idea, (3) the tone, and (4) the author's purpose.

Bioluminescent organisms produce light through chemical reactions. Fireflies use bioluminescence to attract mates. Deep-sea fish use it to lure prey or communicate with their own species. These organisms have evolved the ability to create light in environments where sunlight never reaches.

INFERENCE & EVIDENCE

An inference is a conclusion you reach based on evidence in the text. The SAT often asks 'What can be inferred from this passage?' or 'The passage suggests that...'. To answer inference questions:

- Identify the evidence in the passage (the facts, the example, the explanation).
- Ask: What conclusion logically follows from this evidence?
- Eliminate answers that go beyond the passage (overgeneralizations or unsupported claims).
- Choose the answer that is clearly supported by what the passage states or implies.

Inference questions test whether you can think logically about what you read. They're not testing whether you know outside information about the topic.

LESSON 2 HOMEWORK

Complete these tasks to practice active reading and central idea identification:

- Khan Academy Passages: Go to Khan Academy SAT Prep. Complete 10 'Reading & Writing Passages' questions focused on main ideas and inferences. Read each passage twice before answering.
- Practice Passages: Complete 15 short passage questions from the College Board Question Bank. For each passage, write down the central idea in one sentence before looking at the questions.
- Central Idea Log: Create a table with columns for 'Passage Topic', 'Central Idea', 'Tone', and 'Author's Purpose'. Fill it in for every passage you read this week. Review it at the end of the week.
- Reflection: Write one paragraph describing how your understanding of passages changed after learning the active reading process. What surprised you?

03

- Evidence, Inference & Text Structure

Now that you're reading actively and identifying central ideas, we deepen your skills. This lesson focuses on recognizing how authors support their ideas with evidence, understanding what passages imply beyond what they explicitly state, and analyzing how passage structure affects meaning.

RECOGNIZING EVIDENCE

Evidence is the support an author provides for their claim. In SAT passages, evidence comes in forms: specific examples, statistics, expert quotes, explanations, or descriptions. Your job is to identify evidence, understand its role, and recognize when two pieces of evidence support different claims.

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| Types of Evidence Specific examples ('For instance...'), Statistics and data ('According to a 2024 study...'), Expert quotes ('Dr. Smith states that...'), Explanations ('This happens because...'), Descriptions (showing a concept through detail) |
|---|

CONNECTING EVIDENCE TO CLAIMS

Every piece of evidence in an SAT passage connects to the central idea. Your job is to see that connection. Ask yourself: 'Why did the author include this example? What point does it support?'

- Claim: 'Renewable energy is becoming more practical.'
- Evidence: 'Solar panel efficiency has increased by 30% over the last decade.'
- Connection: The evidence shows that renewable energy technology is improving, making it more practical.

LESSON 3 HOMEWORK

Complete these structured exercises:

- Evidence Identification: For 10 practice passages, underline one piece of evidence and write in the margin what claim it supports.
- Question Analysis: Complete 20 SAT questions that ask about evidence. For each, note: (a) What claim does the question ask about? (b) What evidence from the passage supports that claim?
- Reflection: Describe one moment where noticing the evidence-to-claim connection helped you answer a question correctly.

04

- Vocabulary in Context & Rhetoric

Vocabulary on the SAT is tested in context, not through matching definitions. You'll never see a question that just says, 'Define obfuscate.' Instead, you'll see a word used in a passage and be asked what it means based on how it's used. This is testing reading skill, not vocabulary knowledge.

VOCABULARY IN CONTEXT STRATEGY

- Read the sentence with the target word AND the surrounding sentences.
- Use context clues to figure out what the word means before looking at the choices.
- Look for synonyms or definitions in the surrounding text.
- Look for contrast words ('but', 'however', 'unlike') that hint at the opposite meaning.
- Eliminate obviously wrong answers first.

- Choose the answer that fits the context, not just a definition you know.

RHETORICAL DEVICES

Authors choose words and structures for specific effects. The SAT tests whether you understand these rhetorical choices.

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| | <p>Tone</p> <p>The author's attitude toward the subject. Is it critical, optimistic, neutral, sarcastic, concerned?</p> |
|--|---|

| | |
|--|---|
| | <p>Word Choice</p> <p>Specific words create specific effects. 'Walked' vs. 'strolled' vs. 'trudged'—each creates different imagery.</p> |
|--|---|

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| | <p>Sentence Structure</p> <p>Short sentences feel punchy. Long sentences feel complex or flowing. Repetition creates emphasis.</p> |
|--|--|

LESSON 4 HOMEWORK

- Vocabulary in Context: Complete 20 SAT vocabulary questions. For each, write the word, context clue, and your predicted definition before checking the choices.
- Rhetoric Recognition: For 15 passages, identify the author's tone in one word and explain which word choice creates that tone.
- Strategy Cheat Sheet: Create a one-page summary of all vocabulary and rhetoric strategies. Include examples from passages you've read.

05

- Midpoint Check & Practice Test #1

You've now completed Lessons 1-4 and built foundational reading skills. Now comes your midpoint checkpoint: a full-length practice test. This test measures your progress and tells you where to focus your study for the remaining lessons.

TEST CONDITIONS

RULES

Find a quiet space. Use the official Bluebook app or a College Board practice test. Set a timer for 64 minutes. Take it as if it's the real SAT. No notes, no distractions, no stopping partway through. Treat this seriously.

YOUR ASSIGNMENT

Complete SAT Reading & Writing Practice Test #1 under timed conditions. Record your results.

Raw Score: _____ / 54

Module 1 Accuracy: _____ %

Module 2 Accuracy: _____ %

Time Remaining: _____ seconds

SCORING & ANALYSIS

After scoring, compare to your diagnostic:

Diagnostic score: _____ | **Midpoint score:** _____ | **Improvement:** _____

Which domain improved the most?

Which domain needs the most focus going forward?

What patterns do you notice in the questions you missed?

ERROR LOG

This is critical. For every question you missed, log it:

ERRORS DRIVE LEARNING

You learn more from your mistakes than from correct answers. Every mistake tells you something about what you don't yet understand. Log each one.

Create a table with columns: Question Number | Domain | Why You Got It Wrong | The Correct Rule or Concept | How to Avoid This Error Next Time

LESSON 5 HOMEWORK

- **Error Analysis:** Review every question you missed. Don't just look at the right answer—understand why your answer was wrong.
- **Khan Academy Deep Dive:** Visit Khan Academy and filter for your weakest domain. Complete 15 questions in that domain with full explanations.
- **Strategy Review:** Look back at your notes from Lessons 1-4. Which strategies did you actually use during the test? Which did you forget to use?
- **Readiness Assessment:** Based on your errors, which lessons (2, 3, or 4) do you need to revisit before moving to Lesson 6?

06

- Standard English Conventions Part 1: Grammar & Punctuation

Half of the SAT Reading & Writing section tests grammar and punctuation. These questions test Standard English Conventions (SEC). Unlike vocabulary or reading questions, SEC questions have one objectively correct answer based on grammar rules.

THE BIG GRAMMAR TOPICS

- Subject-Verb Agreement: Does the verb match the subject? ('The student studies' vs. 'The students study')
- Pronoun Agreement: Does the pronoun match its antecedent? ('Each student brought their books' vs. 'Each student brought his/her book')
- Verb Tense: Is the verb tense correct for the time being described?
- Sentence Structure: Is the sentence a complete thought, or is it a fragment or run-on?
- Parallel Structure: Do items in a list follow the same grammatical form?
- Modifier Placement: Does the modifier clearly modify the correct word?
- Punctuation: Are commas, semicolons, and periods used correctly?

COMMA RULES (Most Tested on SAT)

- Commas separate items in a list: I enjoy reading, writing, and math.
- Commas separate independent clauses with a conjunction: She studied hard, and she passed the test.
- Commas set off introductory phrases: Before the test, students reviewed their notes.
- Commas set off nonessential information: My teacher, who is experienced, explained the concept well.
- DO NOT use a comma to separate a subject from its verb: [WRONG] The student who studied hard, passed the test. [CORRECT] The student who studied hard passed the test.

When you see a punctuation question, first determine if the punctuation is setting off a phrase or separating ideas. That tells you which rule applies.

LESSON 6 HOMEWORK

- Grammar Fundamentals: Complete Khan Academy's English Grammar course. Focus on subject-verb agreement, pronoun agreement, and verb tense.

- SAT Grammar Practice: Complete 25 Standard English Conventions questions from the College Board Question Bank. For each, identify which grammar rule is being tested.
- Error Pattern Log: Track which grammar topics cause you to miss questions most. Focus your study on those.
- Personal Error Cheat Sheet: Create a one-page summary of YOUR most common grammar mistakes. Include examples and corrections.

07

- Standard English Conventions Part 2: Advanced Topics

Now we tackle the trickier SEC questions: advanced sentence structure, nuanced punctuation, and situations where multiple rules could apply.

SENTENCE BOUNDARIES: FRAGMENTS, RUN-ONS, & SPLICES

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| | <p>Fragment</p> <p>A phrase or dependent clause that's punctuated like a complete sentence. [WRONG] Because she studied hard. [CORRECT] Because she studied hard, she passed.</p> |
| | <p>Run-On Sentence</p> <p>Two independent clauses connected with no punctuation or conjunction. [WRONG] She studied hard she passed the test. [CORRECT] She studied hard; she passed the test.</p> |
| | <p>Comma Splice</p> <p>Two independent clauses connected only by a comma. [WRONG] She studied hard, she passed the test. [CORRECT] She studied hard; she passed the test.</p> |

THE SEMICOLON

Semicolons connect two independent clauses that are closely related:

- Use a semicolon when you could also use a period: She studied; she passed. (She studied. She passed.)

- Use a semicolon with a conjunctive adverb: She studied; therefore, she passed.
- DO NOT use a semicolon between a dependent and independent clause.

When you see a semicolon question, ask: Are these two independent clauses? If yes, semicolon might work.

APOSTROPHE RULES

- Possessive: The student's book (book belongs to one student); the students' books (books belong to multiple students).
- Contraction: It's = It is. (Not possessive! Don't confuse its and it's.)
- Never use an apostrophe to pluralize a word: [WRONG] The 2000's were exciting. [CORRECT] The 2000s were exciting.

LESSON 7 HOMEWORK

- Sentence Boundary Practice: Complete 20 questions testing fragments, run-ons, and splices.
- Punctuation Deep Dive: Complete 20 questions on semicolons, colons, apostrophes, and dashes.
- Mixed SEC Practice: Complete 30 mixed Standard English Conventions questions.
- Create a Reference Guide: One-page summary of all SEC rules you've learned. Make it your go-to resource.

08

- Expression of Ideas & Pacing Drills

Expression of Ideas questions test whether you can recognize clear, logical, effective writing. These questions ask: Is this sentence precise? Does it flow well? Does it logically follow from the previous sentence? Is it the most concise way to express the idea?

FOUR TYPES OF EXPRESSION QUESTIONS

| | |
|--|--|
| | <p>Clarity</p> <p>Which version is clearest? Which eliminates ambiguity? Choose the version that can't be misunderstood.</p> |
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| | |
|--|--|
| | <p>Concision</p> <p>Which version is most concise without losing meaning? Eliminate unnecessary words.</p> |
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| | |
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| | <p>Logic</p> <p>Which sentence logically follows from the previous idea? Does the transition make sense?</p> |
|--|--|

| | |
|--|---|
| | <p>Style</p> <p>Which version fits the tone and style of the passage? Is it consistent with the author's voice?</p> |
|--|---|

STRATEGY FOR EXPRESSION QUESTIONS

- Read the original sentence and surrounding context.
- Ask: What's the problem with the original? Is it unclear, wordy, illogical, or inconsistent?
- Read all choices and eliminate obviously wrong ones.
- Compare the remaining choices on precision, brevity, and logic.
- Choose the clearest, most concise version that maintains the meaning.

TIMED PRACTICE DRILLS

Now we introduce timed practice. You need to develop both accuracy and speed. Below are two 10-question drills. Complete each under timed conditions (about 7 minutes per drill).

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| <p>Complete Drill 1 (10 mixed RW questions) in 7 minutes. Your accuracy: _____ / 10</p> |
| |

| |
|--|
| <p>Complete Drill 2 (10 mixed RW questions) in 7 minutes. Your accuracy: _____ / 10</p> |
| |

LESSON 8 HOMEWORK

- Expression Practice: Complete 20 SAT Expression of Ideas questions. For each, identify which type (clarity, concision, logic, or style) is being tested.

- Timed Drills: Complete five 10-question timed drills (7 minutes each). Track your accuracy. Speed should improve; accuracy should stay high.
- Strategy Reflection: Write one paragraph about how your pacing changed after doing the drills. Did you get faster? Did accuracy drop?

09

- Practice Test #2 & Error Analysis

You're now halfway through the workbook with 8 weeks of practice behind you. Your skills in reading, grammar, and test strategy have deepened. Now comes your second full-length practice test. This is your second official checkpoint.

TEST CONDITIONS

| | |
|--|---|
| | <p>CRITICAL DETAIL</p> <p>Take this test exactly like the real SAT: 64 minutes, no stopping, no notes, no help. This is your second simulation.</p> |
|--|---|

| |
|-------------------------------------|
| <p>Raw Score: _____ / 54</p> |
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| <p>Module 1 Accuracy: _____ %</p> |
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| <p>Module 2 Accuracy: _____ %</p> |
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| <p>Time Remaining: _____ seconds</p> |
| |

COMPARISON & ANALYSIS

Compare all three test scores (Diagnostic, Midpoint, This Test):

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|---|
| Diagnostic: _____ Midpoint: _____ Final: _____ Total Improvement: _____ |
| |

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|---|
| Which domain shows the most improvement? |
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|---------------------------------------|
| Which domain still needs work? |
| |

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| Are you getting faster? Slower? Same? |
| |

COMPREHENSIVE ERROR LOG

This is your most detailed error analysis yet. For every mistake:

- Question number and domain
- The rule or concept you missed
- Why you chose the wrong answer
- Why the correct answer is right
- How to avoid this mistake on the real test

Review this error log multiple times before the final lesson.

LESSON 9 HOMEWORK

- Deep Error Analysis: Spend 60 minutes reviewing every mistake from Test #2. For each, write the explanation above.
- Targeted Practice: Based on your error patterns, complete 15 practice questions in your weakest domain.
- Improvement Tracking: Graph your scores across all three tests and all four domains. What does the trend show?

- Strategy Audit: What strategies from the workbook are you consistently using? Which do you forget? Practice the ones you forget.

10

- Final Practice Test & Test-Day Strategies

Welcome to the final lesson. You've completed 9 weeks of instruction and practice. You've taken two diagnostic assessments. You've learned reading strategies, grammar rules, and test-specific tactics. Now, this final lesson is about confidence, strategy, and managing the psychological side of test day.

YOUR THIRD FULL PRACTICE TEST

Complete SAT Reading & Writing Practice Test #3 under full test conditions. This is your final simulation before the real test.

Raw Score: _____ / 54

Module 1 Accuracy: _____ %

Module 2 Accuracy: _____ %

Time Remaining: _____ seconds

FINAL SCORE REFLECTION

Diagnostic: _____ | **Test 1:** _____ | **Test 2:** _____ | **Test 3:** _____

Total improvement from start to finish: _____ points

Which lesson had the biggest impact on your score?

What's the most important strategy you learned in this workbook?

TEST-DAY MENTAL STRATEGY

The test is 64 minutes. You have one chance to show what you know. The following strategies manage anxiety and keep you focused:

THE 4-6-8 BREATHING EXERCISE

This is scientifically proven to lower stress in seconds. Practice it now, before test day.

- Inhale slowly through your nose for 4 counts.
- Hold for 6 counts.
- Exhale slowly through your mouth for 8 counts.
- Repeat 5 times. This takes less than 3 minutes and immediately lowers your stress response.

When do you feel most anxious about testing? What specific situations trigger it?

What self-talk do you most often use when you're nervous? Write it down. Then reframe it.

What's one thing that calms you down? (Music? A walk? Coffee? A specific person?) How can you use it before the test?

THE WEEK BEFORE THE TEST

Do a light review. Look over your error log. Review the grammar rules you found most difficult. But don't cram or take another full test—you need rest more than you need more practice.

Get consistent sleep. Aim for 8 hours every night. Sleep deprivation is one of the biggest drains on performance.

Check the logistics. Know the test location. Know the start time. Know whether you need your school ID, passport, or registration confirmation. Remove uncertainty—it feeds anxiety.

Rehearse the morning. Do your test-day morning routine a few times this week. Eat the same breakfast. Wear similar clothes. This builds familiarity and confidence.

TEST-DAY CHECKLIST

- Arrive 15 minutes early. Know the parking, room number, check-in process.
- Bring required ID (school ID, passport, or state ID).
- Bring a valid device (your own laptop or tablet, fully charged, with the Bluebook app installed).
- Eat a proper breakfast. Carbs and protein. No heavy foods that make you sluggish.
- Avoid excess caffeine. One cup of coffee is fine; five cups will make you jittery.
- Dress in layers. Testing centers can be cold or hot—dress so you can adjust.
- Do your breathing exercise. In the 5 minutes before the test starts, do the 4-6-8 breathing three times.

DURING THE TEST

- Module 1 is everything. Slow down. Accuracy first. Every question in Module 1 determines whether you see the harder or easier Module 2.
- Don't overthink. If you've spent more than 90 seconds on a question, move on. You can come back if time allows.
- Flag hard questions. Use the digital SAT's flagging feature. Don't spend 3 minutes on one question when there are 40 others.
- Use the breaks. You get two breaks. Stand up. Move. Go to the bathroom. Get water. Don't sit and worry.

- Manage self-doubt. If you start panicking mid-test, take a breath. You've done this before in practice tests. Keep going.

AFTER THE TEST

You did your best. The test is over. You can't change your answers now. Don't immediately start second-guessing yourself or comparing with other students. Let it rest. Scores come out in about 2 weeks. You'll have time to process then.

Congratulations

You've completed the SAT Reading & Writing: Complete 10-Lesson Workbook. Over the past 10 weeks, you've built strong reading skills, mastered grammar rules, and learned test-specific strategies. You've taken three practice tests and analyzed your errors. You've developed both accuracy and speed.

More importantly, you're no longer a passive reader. You actively engage with texts. You notice how authors support ideas with evidence. You understand grammar rules deeply, not just memorize correct answers. You manage test anxiety. These skills will serve you not just on the SAT, but in college and beyond.

Go into test day with confidence. You've put in the work. Trust your preparation.

Final Reflection

What's your target score on the SAT Reading & Writing section?

What's the most important lesson you learned in this workbook?

How has your understanding of reading and writing changed over these 10 weeks?

What will you do differently on test day because of this workbook?

END OF WORKBOOK